

# BONHOMME RICHARD'S ALMANAC

Vol. 2, No. 19

February 22, 2000

I have not yet begun to fight!"



## ANCHORED IN DILI, EAST TIMOR

Photos by PH3 Daniel Jones and PH3 Karri Williams

First thing Monday morning, the USS BONHOMME RICHARD (LHD 6) dropped anchor 1.3 miles off the coast of Dili, East Timor. Ten shots, or 150 fathoms, of anchor chain was let go into the water by First Division personnel, including Boatswain's Mate Third Class David Longoria.

Shortly after, crew members from Combat Cargo and AIMD, including Aviation Support Equipment Technician Third Class Nicole Williams, assembled fifty bicycles which will be given to Bishop Belo, the Bishop of East Timor, for distribution to East Timorese citizens.



## STATES ASKED TO PITCH IN FOR HEAT BILL

By Associated Press

The Clinton administration wants a number of states to use their existing powers to help people who are facing skyrocketing heating costs.

Health and human services secretary Donna Shalala has reminded the governors of 18 states that they already have the flexibility to raise state income eligibility limits to help low- and moderate-income families pay their heating bills.

Shalala has written to the chief executives of Alaska, Connecticut, Delaware, Maine, Maryland, Massachusetts, Minnesota, New Hampshire, New Jersey, New York, North Carolina, North Dakota, Pennsylvania, Rhode Island, South Carolina, South Dakota, Vermont and Virginia.

Congress, meanwhile, is debating whether to approve a request by President Clinton to spend 600 million dollars in emergency aid.

## NATIONAL NEWS

### VOICE OF GOLDEN AGE DIES

By Associated Press

A voice that thrilled millions of children in the golden age of radio has fallen silent.

Bob Hite Senior was the man whose rich baritone voice declared, "from out of the past came the thundering hoof beats of the great horse Silver" that, of course, was the introduction to "the Lone Ranger." Hite died Friday at the age of 86.

Hite went to work at Detroit radio station WXYZ in the 1930s where he announced "The Lone Ranger" and other shows, including "The Green Hornet."

Close friend Walter Cronkite said he often sailed with Hite. Cronkite said when other boaters would pass, they would yell out, "Give us the Ranger, give us the Ranger." he called Hite a "Wonderful, generous man."

### MICHIGAN IS NEXT BATTLEGROUND

By Associated Press

The next big republican battleground is Michigan, where a new poll indicates George W. Bush and John McCain are in a statistical dead heat.

The survey, in Sunday's Detroit News, found that McCain was the favorite of 40 percent of those who said they were likely to vote in Tuesday's primary, while Bush was favored by 38 percent. Seventeen percent said they were undecided.

The poll was conducted before Bush's victory in South Carolina, and has as the primary invitees all 6.7 million Michigan voters to participate, no matter which party they prefer.

### **\* TUESDAY'S SITE TV SCHEDULE \***

CHANNEL 2

1100 MONEY KINGS

1630 LETTERMAN

1730 JEOPARDY

1800 BEVERLY HILLS 90210

1900 MELROSE

2000 YOU'VE GOT MAIL

2200 THE OUTLAW JOSEY WALES

CHANNEL 6

1100 FERRIS BUELLER'S DAY OFF

1630 MAJOR LEAGUE 3: BACK TO

THE MINORS

1800 ARLINGTON ROAD

2000 THE THIRTEENTH FLOOR

2200 JACKIE BROWN

## BONHOMME RICHARD'S ALMANAC

*Capt. Douglas W. Keith, Commanding Officer*

*Lt. Cmdr. Laurie Rye, Public Affairs Officer*

*JOC (SW/AW) Stephen K. Robinson, Asst. Public Affairs Officer*

*J01 (SW) Robert W. Garand, Editor*

*J03 Laura C. Wiggins, Staff Writer*

*L11 Jimmie Claspell, Print Shop*

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## SPORTS

### STANFORD READY TO PLAY

By Associated Press

Stanford's basketball team appears ready for the NCAA tournament. The second-ranked Cardinals overwhelmed rival California 101-to-50. It's Cal's worst loss ever. David Moseley had a career-high 28 points. At one point with Stanford leading 70-to-30, the Stanford crowd started chanting.

#### TOP-25 MEN'S NCAA

(2)Stanford	101	Cal i forni a	50
(3)Duke	71	North Carolina St.	66
(4)Arizona	99	UCLA	84
Vanderbilt	85	(5) Tennessee	72
(6)MSU	59	Wisconsi n	54
(7)Ohio St.	82	(10)Indiana	71
(8)Oklahoma St.	94	Nebraska	55
St. John's	76	(9) Syracuse	75
(11)Florida	88	Missi ssi ppi St.	58
(12)Auburn	75	Missi ssi ppi	52
(13)Tulsa	64	San Jose St.	56
Colorado	102	(14) Iowa St.	90
(16)LSU	78	Arkansas	67
(17)Texas	60	Baylor	38
Miami	63	(18)Connecti cut	57
(19)Kentucky	70	Georgi a	64
New Mexico	72	( 21) Utah	65
(22)Maryland	73	Wake Forest	67
Notre Dame	64	(23)Seton Hall	54
(25)Purdue	97	Minnesota	61

#### WOMEN'S TOP-25 NCAA

(5)Notre Dame	78	(8)Rutgers	74
(10)Iowa State	101	Missouri	66
(12)Texas Tech	86	(18)Oklahoma	81
(20)Tulane	87	Memphis	67
(24)UCL A	80	(15)Arizona	66

### NEW ZEALAND WINS OPENER

By Associated Press

New Zealand's Black Magic has drawn first blood in the 30th America's Cup. Team New Zealand won the opener of the best-of-nine finals against Italy's Luna Rossa. The time was one minute, 17 seconds.

### KNICKS TIED FOR FIRST

By Associated Press

In the NBA, the New York Knicks moved into a first-place tie with Miami atop the Atlantic division by dumping Indiana 87-73. Allan Houston had 19. Reggie Miller had 16 for Indiana but sat out the fourth quarter after mouthing an obscenity to the Madison Square Garden crowd.

#### NBA SCORES

NY Knicks	87	Indiana	73
Utah	91	Detroit	87
Vancouver	111	Milwaukee	100
Chicago	74	LA Clippers	72
Seattle	94	Boston	91

### DAYTONA 500 BEGINS

By Associated Press

The Daytona 500 kick-starts the NASCAR Winston Cup season Sunday. Pole-sitter Dale Jarrett's car was slightly damaged during Saturday's final practice when Jeff Gordon bumped him from behind. Gordon is the defending Daytona champion.

### THE FLYERS ARE HOT

By Associated Press

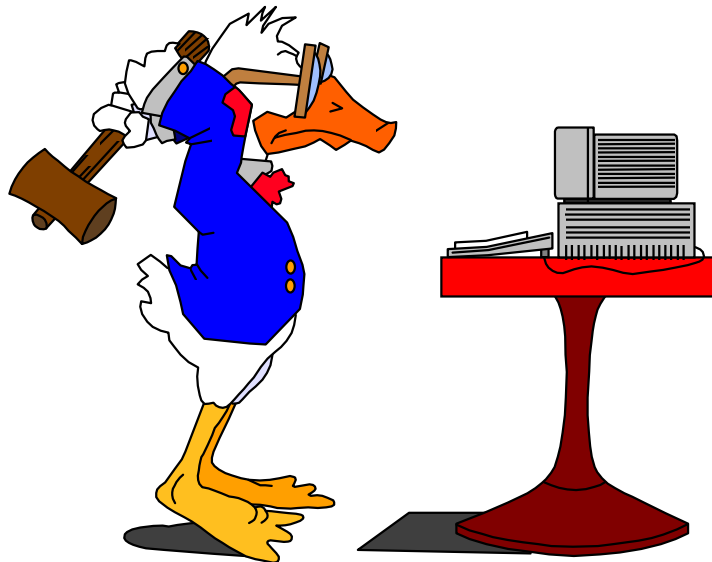
On NHL ice, the Philadelphia Flyers beat the hottest team in hockey, the Washington Capitals, 4-2 Saturday. The loss was only the third in 20 games for the caps since New Year's day. Flyers coach Roger Neilson said he's leaving the team until April because of his cancer treatments. The 65-year-old Neilson goes in for chemotherapy Monday.

#### NHL SCORES

NY Islanders	4	New Jersey	2
Vancouver	3	Ottawa	1
Buffalo	4	LA Kings	1
Philadelphia	4	Washington	2
Montreal	2	Toronto	1
Pittsburgh	2	Florida	1
Carolina	4	Tampa Bay	2
Calgary	3	Edmonton	2

# **STRESS MANAGEMENT WORKSHOP**

STRESS IS A NORMAL PART OF EVERYDAY LIFE. DIFFERENT THINGS STRESS DIFFERENT PEOPLE. LONG HARD HOURS, READINESS DEMANDS, FINANCIAL PRESSURES, DEPLOYMENT AND RETURN, MOVING, WORK CENTER RELATIONS, WEIGHT, FAMILY, ARE ALL COMMON "STRESSERS." STRESS LEFT UNMANAGED CAN BECOME DI STRESS, WHICH CAN LEAD TO HEALTH PROBLEMS, DEPRESSION, ANGER, FAMILY VIOLENCE. BUT, STRESS CAN WORK TO YOUR ADVANTAGE WHEN YOU HANDLE IT EFFECTIVELY, BOTH PHYSICALLY AND MENTALLY. LEARN HOW TO PUT STRESS IN ITS PLACE BY ATTENDING THE STRESS MANAGEMENT WORKSHOP AND SUPPORT GROUP SPONSORED BY BHR MEDICAL DEPARTMENT AND THE CHAPLAINS OFFICE.



**TIME OF DAY: 1930**

**DATE: FEB 22, 2000**

**LOCATION: MEDICAL DEPARTMENT**

**SPEAKER: LT RASSNER (BHR DOC)**

**INVITATION: TO ALL HANDS**